

Kumano Kodo

Audio Guide

The World Heritage Cultural Landscape of Kumano is a rich and complex sacred site in the southern portion of the Kii peninsula. This audio guide was designed to decipher this spiritual landscape while walking the Kumano Kodo pilgrimage route.

Please take your time, relax and enjoy your visit in Japan's spiritual countryside!

Audio files are downloadable free at
www.tb-kumano.jp/en



Tanabe City Kumano Tourism Bureau
田辺市熊野ツーリズムビューロー



Refer to the Kumano Kodo pilgrimage map booklet for detailed route information.

Kumano Kodo
Pilgrimage Route Maps

Contents	Map Page	Time
1 Prologue	4	2:51
2 Kumano Pilgrimage	4	6:02
3 History of Kumano Pilgrimage	4	7:12
4 Heian Era Kimono	4	2:54
5 Takijiri-oji	4	3:10
6 Oji Shrines	4	2:36
7 Sutra Mounds	4	2:57
8 Pilgrimage Routes	4	4:28
9 Takahara Kumano-jinja	4	1:57
10 Rice Culture	4	4:30
11 Words and Expressions	4	4:33
12 Abdicated Emperors	6	4:10
13 Chikatsuyu-oji & Misogi	7	2:36
14 Legend of Anchin & Kiyohime	7	1:51
15 Ippousugi Cedar Trees	7&8	4:36
16 Minakata Kumagusu (1867-1941)	7&8	5:05
17 Nonaka-no-Shimizu Spring	7&8	2:38
18 Forestry in Kumano	9&10	5:52
19 Mikoshi-toge Pass	9&10	2:34
20 Funatama-jinja	9&10	2:18
21 Hosshinmon-oji	10	1:59
22 Mizunomi-oji	11	2:44
23 Kumano Healing	11	2:21

Contents	Map Page	Time
24 Animals	11	4:44
25 Fushigami-oji	11	3:01
26 Tea & Bamboo	11	3:30
27 Sangen-jaya Teahouse	11	2:39
28 Yamabushi Mountain Ascetics	11	6:41
29 Kumano-gawa River	11	5:39
30 Shrine Grounds Overview	11	4:46
31 Yatagarasu Three Legged Crow	11	3:25
32 Kumano Gohoin Amulet	11	3:39
33 Kumano Hongu Taisha Architecture	11	3:15
34 Kumano Deities	11	6:10
35 Homotsuden Treasure Hall	11	6:56
36 O-Torii Giant Gateway	11	2:38
37 Oyunohara	11	4:06
38 Saint Ippen Shonin (1239-1289)	11	4:27
39 Shrine Mandala	11	3:24
40 Kumano Nuns	11	1:57
41 Nachi pilgrimage Mandala	11	4:19
42 Yunomine Onsen	13	4:05
43 Legend of Oguri Hangan	13	4:04
44 Kawayu Onsen		3:32
45 History of Kawayu Onsen		1:18
46 Epilogue		1:13

