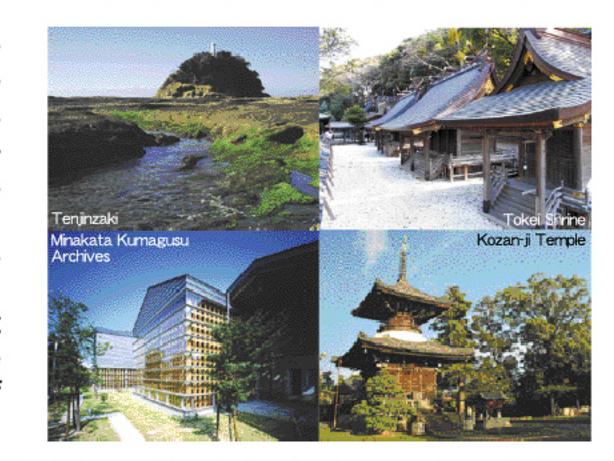


Welcome to Tanabe 田辺, a dynamic city surrounded by nature and filled with history.

Have you ever wanted to experience real Japan; to walk through a small rural city and learn about the area and its people from a local guide with simple, relevant, and interesting information and anecdotes, at your own pace, in English? Well, this is your chance! Japan has a unique and intriguing history. In Tanabe you can learn about this exciting country from 7000 years ago to the present. Our famous citizens and sites have played a part in many historical periods. Tanabe is a living historical timeline.

Tanabe's mountains, rivers and coastline form an impressive backdrop and are an important part of the local people's daily lives. Tanabe is part of a larger region called Kumano(熊野), which is considered the spiritual heart of Japan and has been a destination for pilgrims for over 1000 years.

The aweinspiring rugged and verdant natural environment brought about the belief that this area was the land of Shinto deities and Buddhist gods.



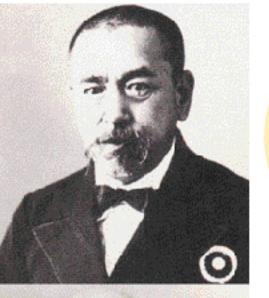
Tanabe was an important intersection of the Kumano Kodo pilgrimage route that people walked from Kyoto to worship at the Kumano Sanzan (The Three Grand Shrines of Kumano).

The Kumano Kodo (熊野古道) and Kumano Sanzan (熊野三山) are both registered World Heritage sites. The connection between man and environment in Tanabe forms a unique cultural landscape.

What do people in Tanabe do for fun? What kinds of festivals do they celebrate? Was there really a castle here? Where do locals go to watch the sunset? What is Aikido (合気道)? Are shells really that important? Who is Minakata Kumagusu (南方熊楠)? All these answers and more await you.

> So go ahead, take a walk or cycle through the streets of Tanabe, have some fun and experience real Japan with your Machi-Navi Audio Guide.

Tanabe's Famous People







Minakata Kumagusu was an eccentric intellectual that devoted his life to research. His studies covered a wide range of subjects including slime molds and folklore. He was also an avant-garde environmentalist.



Ueshiba Morihei 植芝盛平 (1883-1969)

Ueshiba Morihei was the founder of Aikido and was born in Tanabe. Aikido is a form of self-defense martial art that uses the opponent's energy. Aikido is also a profound philosophical system.





Musashibo Benkei 武蔵坊弁慶(12th century)

Musashibo Benkei is a legendary warrior monk known for his great strength and loyalty. He is said to have been born in Tanabe. There are many legends associated with him.

How to use the Audio Guide Player



1. Turn power on. 2

- -The display automatically switches off after 10 seconds of inactivity.
- -Touch any button to reactivate.

2. Select desired Audio Guide number. (4)

- -The buttons on the left are hundreds.
- -The buttons in the middle are tens.
- -The buttons on the right are ones.

*For example, to enter the number 32.

- Press the middle (A) button three times.
- Press the right (▲) button twice.
- The number in the display with read 032.



Machi-Navi Audio Guide Number Plate

3. Listen to Audio Guide.

- -Press the Play/Stop button ⑤ to play. (▶) will appear in upper left when playing.
- -To stop, press the Play/Stop 5 button again. (■) will appear when stopped.
- If there is no explanation associated with the selection the number will flash.

Volume Control

- Press the volume button 6 to cycle through the volume settings. Once you reach the highest setting it starts again at the lowest. Eg. $1\rightarrow2\rightarrow3\rightarrow4\rightarrow5\rightarrow1\rightarrow2...$

Language Selection

-Press the Language Selection button 7 to change language settings. A number in the lower left will appear. (0-) is English. No number is Japanese.

Battery Level

- -The battery level is located on the bottom right side of display
- ※Please return the Audio Guide Player by 17:00 of the same day of rental to one of the following places below.

Place	Telephone	Rental Start Time	Holiday
Nanki Tanabe Tourist Information Center 南紀田辺観光案内	0739-25-4919	10:00 ~ 15:00	-January 1·2·3
Minakata Kumagusu Archives 南方熊楠顕彰館	0739-26-9909	10:00 ~ 15:00	-Mondays -Every 2nd & 4th Tuesday

※Rental places are written on Map.

Minakata Kumagusu Archives (南方熊楠顕彰館)

Hours of operation: 10:00 ~ 17:00

Closed: - Mondays

- 2nd & 4th Tuesday of every month
- New years holiday (Dec 28th ~ Jan 4th)

※Open other National Holidays, but closed the following day. Price: Free

Sometimes displays are unavailable for viewing.

Minakata Kumagusu Former Residence (南方熊楠邸)

Hours of operation: same as above

Price: - Adult ¥300

- University & High School students ¥200
- Elementary & Junior High School students ¥100 **XLocated beside the Minakata Kumagusu Archives.**

Bicycle Rental

- 1. Across from the Tanabe Tourist Information Centre. 1 day \pm 500 2 days \pm 1000 Open from 9:00~18:00
- 2. XJR Kii-Tanabe Station 1 day ¥100 Open from 10:00~17:00 Electric hybrid bicycle
- These bicycles are owned by the Station and are for the use of JR passengers. Therefore only those with a valid JR train ticket can rent them. Inquire at JR Kii-Tanabe Station for details.

Hello Goodbye

Thank you. arigato ありがとう。

konnichiwa こんにちは。

Excuse me. sumimasen すみません。

sayonara さよなら。

Do you speak English? eigo ga hanasemasu ka? 英語が話せますか?

I don't understand. / I don't know. wakarimasen. わかりません。

I can't speak Japanese. nihongo wa dekimasen. 日本語はできません。

Is it OK to take a photo?

shashin o totte mo ii desu ka? 写真を撮ってもいいですか?

Yes. hai. はい。

iie. いいえ。

Would you please show me on this map where I am right now? Ko no chizu de genzaichi o oshiete-kudasai.

この地図で現在地を教えて下さい。

Where is the ____?

__wa doko desu ka? ____はどこですか?

Station eki. 駅

Toilet

o-tearai/toire お手洗い/トイレ

