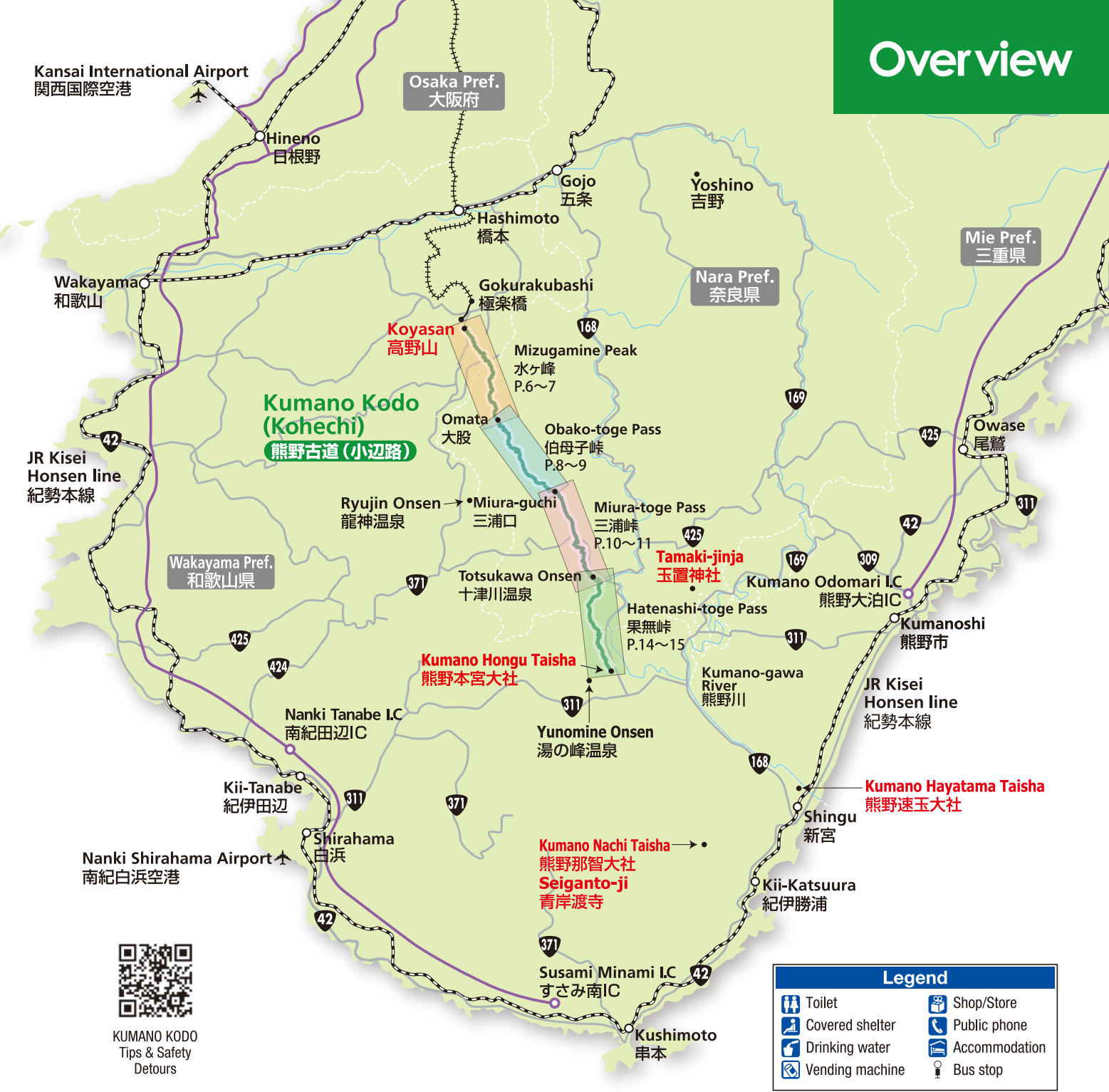




Overview

IMPORTANT ⚠

The Kohechi route is a mountainous trail not suitable for beginners. The passes are high and subsequently weather is variable with much rain, wind and fog.

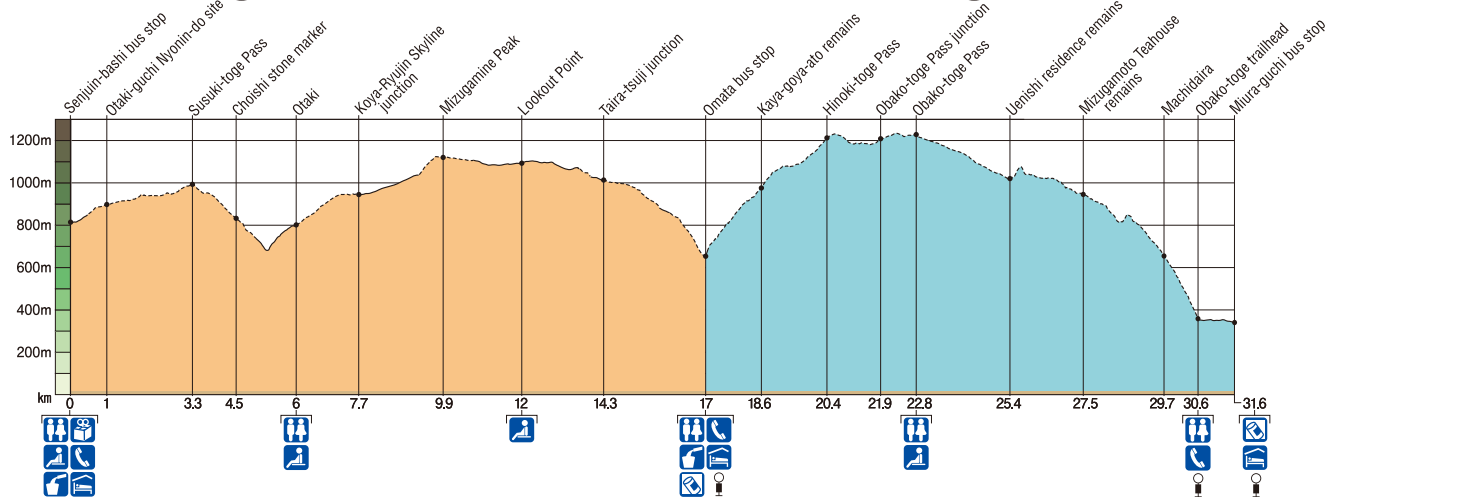
The northern passes are essentially snowed in during the winter months making these sections technically closed from late December to mid-March. (The Hatnashi-toge Pass in the south is open year-round.)

Good preparation and excellent fitness is essential to make the full four day trek between Koyasan and Kumano Hongu Taisha. Please travel safely.

IMPORTANT NOTE: Walking times vary greatly depending on weather, season, personal experience, and fitness. Please plan accordingly for a safe walk, as many people underestimate the difficulty of the terrain.

	Distance (km)	Time (hr)	Total Elevation Gain (m)	Total Elevation Loss (m)	
Mizugamine Peak (Koyasan~Omata)	~17	6~8	~690	~840	P.6~7
Obako-toge Pass (Omata~Miura-guchi)	~14.5	6~8	~740	~1090	P.8~9
Miura-toge Pass (Miura-guchi~Totsukawa Onsen)	~18	7~9	~815	~1050	P.10~11
Hatenashi-toge Pass (Totsukawa Onsen~Kumano Hongu Taisha)	~15.5	7~9	~1075	~1170	P.14~15
Hatenashi-toge Pass (Hotel Subaru~Yakio bus stop)	~10	5~7	~930	~990	P.14~15

Mizugamine Peak



Miura-toge Pass

