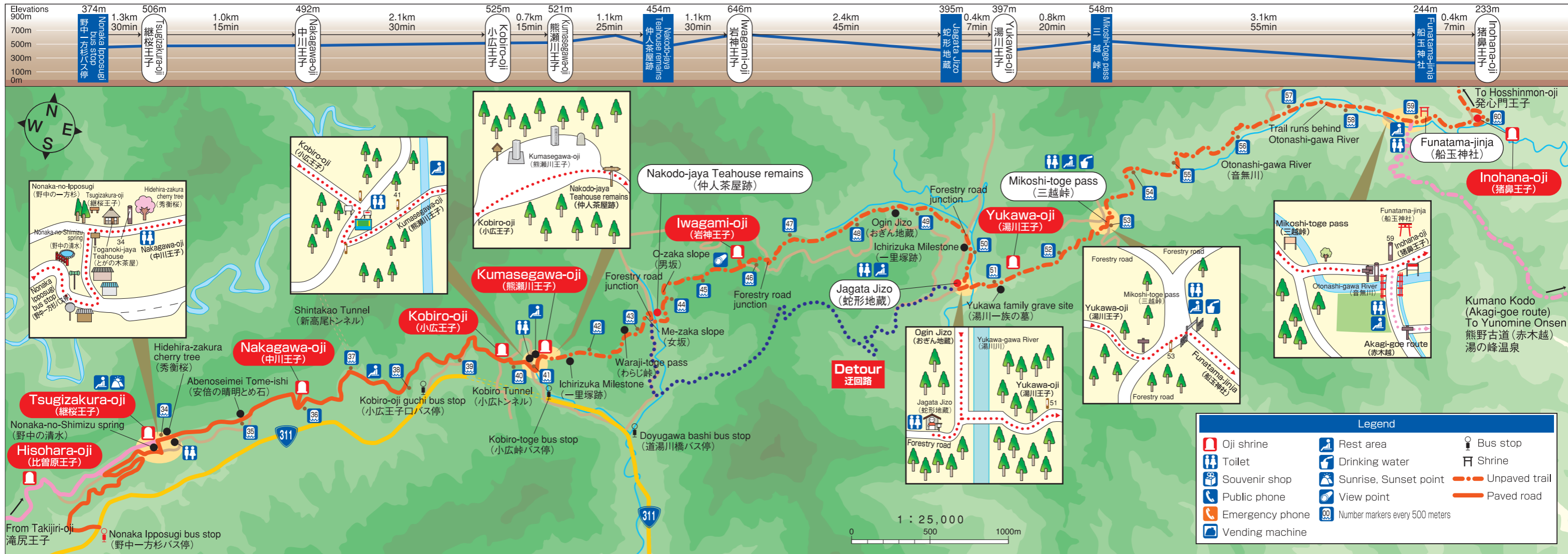


# Tsugizakura-oji~Kumano Hongu Taisha (Map 1) (継桜王子~熊野本宮大社 その1)

Walking Distance : 22.1km  
 Walking Time : 6hrs 50mins  
 Walking Time with breaks : 8hrs 50mins

Along the road to Kumano various rites of purification were performed repetitively, including water ablutions (misogi, 禊) in the rivers and waterfalls lining the trail.



## Trailhead Access

5 to 6 buses daily (Ryujin Bus) run from Kii-Tanabe Station to Nonaka Ipposugi bus stop. 2 buses daily (Meiko Bus) from Shirahama to Nonaka Ipposugi bus stop.

From Kii-Tanabe Station  
 Kii-Tanabe Station 紀伊田辺駅  
 Ryujin Bus 龍神バス  
 Nonaka Ipposugi 野中一方杉バス停  
 ~1hr 12min

## Course Options

- Common pattern is to walk from Takijiri-oji to Chikatsuyu-oji or Nonaka-no-Ipposugi and overnight. Continue the next day to Hongu.
- Bus to Chikatsuyu-oji or Nonaka-no-Ipposugi, overnight and then continue to Hongu the next day.
- A popular short route is from Hosshinmon-oji to Kumano Hongu Taisha. There is daily bus service to Hosshinmon-oji. (P10-11)

※From Kobiro-toge pass to Kumano Hongu Taisha the trail is isolated with few transportation options. Be prepared.

## Pilgrims Timeline Diary

Day 1	Nonaka-Ipposugi bus stop 野中一方杉バス停 17:35	Tsugizakura-oji 継桜王子 18:05	Overnight in Tsugizakura-oji area.
Day 2	Tsugizakura-oji 継桜王子 7:00	Nakagawa-oji 中川王子 7:15	Kobiro-oji 小広王子 7:20
			Kumasegawa-oji 熊瀬川王子 8:10
			8:15
	Nakodo-jaya Teahouse remains 仲人茶屋跡 8:40	Iwagami-oji 岩神王子 8:45	Jagata Jizo 蛇形地藏 9:15
			9:20
			10:05
			10:15

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